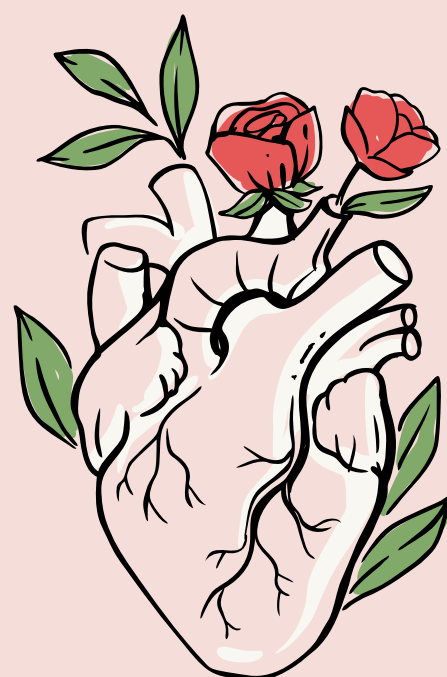


ATLAS OF THE HEART



**PLACES WE GO WHEN
THINGS ARE UNCERTAIN OR TOO
MUCH**

- **STRESS**
- **OVERWHELM**
- **ANXIETY**
- **WORRY**
- **AVOIDANCE**
- **EXCITEMENT**
- **DREAD**
- **FEAR**
- **VULNERABILITY**

